

CLASSIFICA LONG

M/W	Cat.	Race Number	Surname	Name	Gender	Year	Cat	Società	Ctry	Tempo	Rank
1	1	100	CARRARA	LUCA	M	1977	M45	TEAM SALOMON	ITA	3:11:23	1
2	1	174	NALI	FABIO	M	1984	M35	RUN FAST SASSARI ASD	ITA	3:22:56	2
3	1	159	TODDE	ANGELO	M	1983	M40	SARDINIA SMERALDA TRAIL	ITA	3:24:26	3
4	2	143	ARESU	MARCO	M	1982	M40	MARGIANI TEAM ASD	ITA	3:28:56	4
5	1	165	PUTZU	BERNARDO	M	1972	M50	----	ITA	3:40:42	5
6	2	103	ORRU'	PABLO	M	1976	M45	RUNCARD	ITA	3:42:44	6
7	1	153	CASULA	PIETRO	M	1966	M55	ASD SOS ADDANOESOS	ITA	3:43:28	7
8	2	176	DEIDDA	ANDREA	M	1987	M35	MARGIANI TEAM ASD	ITA	3:44:45	8
9	3	135	PASSERO'	MARCO	M	1977	M45	TRAIL & ROAD RUNNERS ASD	ITA	3:46:25	9
10	3	172	MURGIA	EMANUELE	M	1980	M40	ASD MUVRAS	ITA	3:48:20	10
11	2	137	MURA	TEODORO A.	M	1967	M55	ASD MONTEPONI IGLESIAS	ITA	3:48:43	11
1	1	134	FRONGIA	FEDERICA	F	1977	F45	ASD GS ATLETICA CAPOTERRA	ITA	3:53:47	12
12	4	147	DEMARTIS	DAVIDE	M	1983	M40	----	ITA	3:56:18	13
13	4	155	LAI	LUCA	M	1978	M45	RUNCARD	ITA	3:58:36	14
14	5	157	CULURGIONI	MATTEO	M	1983	M40	----	ITA	3:58:41	15
15	2	151	VERDE	MASSIMILIANO G.	M	1971	M50	ALGHERO MARATHON	ITA	4:01:39	16
16	6	113	SANNA	GIACOMO	M	1981	M40	----	ITA	4:03:36	17
17	5	119	TOLIS	PAOLO	M	1977	M45	ACADEMY OLBIA	ITA	4:04:56	18
18	3	169	LOCCI	SAMUELE	M	1985	M35	ASD SUB PORTOPINO	ITA	4:08:21	19
19	7	146	LAI	ANTONELLO	M	1982	M40	----	ITA	4:09:02	20
20	8	141	DI FELICE	DAVIDE	M	1980	M40	----	ITA	4:09:15	21
21	6	161	BIGGIO	LUIGI	M	1977	M45	ASD ATLETICA MONTEPONI	ITA	4:11:52	22
22	9	126	SIRIGU	FABIO	M	1982	M40	----	ITA	4:11:54	23
23	3	156	VIRDIS	MARCO	M	1968	M55	ASD CAGLIARI ATLETICA LEGGERA	ITA	4:12:24	24
24	10	177	PLAISANT	MATTEO	M	1979	M40	SARRABUS RUNNERS	ITA	4:14:35	25
25	11	125	MAMELI	FABIO	M	1983	M40	G.P. ASSEMINI	ITA	4:14:36	26
26	7	122	COLLU	CLAUDIO	M	1977	M45	SARDEGNA TRAIL RUNNING	ITA	4:19:11	27
27	1	106	PITTALIS	GAVINO FRANCO	M	1962	M60	----	ITA	4:19:33	28
28	8	171	MOI	ROBERTO	M	1977	M45	MARGIANI TEAM ASD	ITA	4:26:09	29
29	12	109	OLIVERI	VINCENZO	M	1980	M40	----	ITA	4:28:36	30

30	9	162	SEDDA	IVAN	M	1976	M45	----	ITA	4:28:43	31
31	4	101	MELONI	GIUSEPPE	M	1988	M35	RUNCARD	ITA	4:31:13	32
32	3	117	ORTWEIN	PATRIK JOSEF	M	1972	M50	ASD PHOENIX	ITA	4:32:30	33
33	4	150	MASCIA	GABRIELE	M	1973	M50	SARRABUS RUNNERS	ITA	4:35:55	34
34	1	168	AUTELITANO	DOMENICO	M	1954	M65	ASD ATLETICA MONTEPONI	ITA	4:40:59	35
35	2	152	SANDRONI	SANDRO	M	1959	M60	ALGHERO MARATHON	ITA	4:41:14	36
36	4	145	ASUNI	MARCO	M	1968	M55	TP ACADEMY	ITA	4:42:49	37
37	13	102	UCCELLA	CARLO	M	1981	M40	SARRABUS RUNNERS	ITA	4:43:15	38
38	5	142	CABRIOLU	CRISTIAN	M	1971	M50	MARGIANI TEAM ASD	ITA	4:45:15	39
2	2	144	CANNAS	CRISTAIANA KATIA	F	1974	F45	TP ACADEMY	ITA	4:46:39	40
39	5	139	PIRAS	MARCO	M	1966	M55	ASD CAGLIARI ATLETICA LEGGERA	ITA	4:46:39	41
40	10	178	BARFUCCI	MASSIMILIANO	M	1975	M45	ASD GS ATLETICA CAPOTERRA	ITA	4:46:40	42
41	3	130	MUREDDU	GIOVANNI A.	M	1963	M60	----	ITA	4:53:17	43
42	6	120	ARBA	GIAN PIETRO	M	1970	M50	POLISPORTIVA UTA	ITA	5:02:48	44
43	11	160	PAU	ROBERTO	M	1978	M45	MARGIANI TEAM ASD	ITA	5:02:48	45
44	12	133	SORO	CARLO	M	1974	M45	----	ITA	5:03:06	46
3	1	158	SPANO	MARIA ELENA	F	1983	F40	G.P. ASSEMINI	ITA	5:06:41	47
45	7	175	MUGGIANU	GIANFRANCO	M	1972	M50	----	ITA	5:07:03	48
46	13	138	LECIS	FILIPPO	M	1978	M45	IS MOLENTIS	ITA	5:08:07	49
47	2	124	LITTERA	MARIANO	M	1958	M65	MARGIANI TEAM ASD	ITA	5:10:41	50
48	14	112	ARESU	DANIEL	M	1976	M45	ASD PHOENIX	ITA	5:13:02	51
49	6	129	DESSI'	BENIAMINO	M	1966	M55	----	ITA	5:13:35	52
50	8	170	FIORETTI	MARCO	M	1970	M50	----	ITA	5:16:29	53
51	14	173	TRENTA	ALESSIO	M	1982	M40	----	ITA	5:16:30	54
52	4	164	CARTA	SALVATORE	M	1961	M60	ASD CAGLIARI ATLETICA LEGGERA	ITA	5:17:16	55
4	2	136	MUSU	MANUELA	F	1980	F40	----	ITA	5:19:33	56
53	5	111	PINNA	MARIO	M	1962	M60	ASD CAGLIARI ATLETICA LEGGERA	ITA	5:19:34	57
54	15	166	ORRU'	ENRICO	M	1975	M45	----	ITA	5:26:18	58
5	1	163	PETTOSINI	DONATELLA	F	1964	F55	ASD CAGLIARI ATLETICA LEGGERA	ITA	5:29:40	59
55	7	149	ZIRI	ROBERTO	M	1966	M55	URBANRUNNERS CAGLIARI	ITA	5:31:36	60
56	8	148	STRINA	PAOLO	M	1966	M55	URBANRUNNERS CAGLIARI	ITA	5:31:36	61
6	1	127	CORONA	VALERIA	F	1973	F50	ASD ATL. E. SANNA ELMAS	ITA	5:31:58	62

7	2	128	PINNA	VALENTINA	F	1969	F50	----	ITA	5:32:55	63
57	6	118	DEFRAIA	PIERPAOLO	M	1961	M60	ASD PHOENIX	ITA	5:33:37	64
8	3	116	DEIDDA	MELANIA	F	1979	F40	ASD CAGLIARI ATLETICA LEGGERA	ITA	5:34:14	65
58	1	110	SAU	FRANCESCO	M	1951	M70	----	ITA	5:42:54	66
9	4	121	MELONI	FRANCESCA	F	1979	F40	ASD ATLETICA UTA	ITA	5:42:54	67
59	7	131	IBBA	EFISIO	M	1962	M60	ASD PHOENIX	ITA	6:04:20	68
60	9	123	CANNAS	PAOLO	M	1964	M55	ASD MARGANAI K24	ITA	6:33:05	69
61	9	154	PERRA	ANDREA	M	1973	M50	----	ITA	6:41:26	70
10	1	132	PUDDU	SILVANA	F	1961	F60	ASD PHOENIX	ITA	7:05:45	71
62	5	115	AGUS	MARCELLO	M	1984	M35	----	ITA	7:05:59	72
11	1	114	SODDU	CRISTINA	F	1984	F35	----	ITA	7:06:00	73